## LAPTOP ROPE PULLING EXERCISER

## ABSTRACT OF THE DISCLOSURE

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A laptop rope pulling exerciser is composed of a base, an operating device, and a resistance device. The base includes two arched portions recessed inwards respectively at two sides thereof for positioning the user's two laps and a wedged portion at a top end thereof. The operating device includes an elongated housing having a wedging portion positioned respectively at a bottom side of the housing and connected with the wedged portion, two chin portions extending outwards horizontally respectively from a top end and a bottom end of the housing, a plurality of pulleys mounted inside the housing, an interfering portion, and a continuous rope extending through the pulleys and the interfering portion for running inside and outside the housing between the two chin portions. The resistance device is adjustably mounted inside the housing for causing the rope to be tightened or loosened.